10:00 | REGISTRATION - COFFEE

10:30 OPENING SPEECH – WELCOME by Konstantinos Oikonomou, CEO, Marine Tours

PANEL 1: MARKET TRENDS & CONDITIONS

PANEL COORDINATOR

Minas Tsamopoulos, Journalist at Proto Thema and Sport24 103,3 Radio Station

10:45 WET & DRY SHIPPING MARKET FUNDAMENTALS

John Cotzias, President of the Hellenic Shipbrokers Association / Founder of Xclusiv Shipbrokers Inc.

11:05 | ENVIRONMENTAL EXCELLENCE: A BEHAVIORAL- BASED -EDUCATION MODEL Cpt. Dimitrios Mattheou, CEO of Arcadia Shipmanagement & Aegean Bulk - Chairman of Green Award Foundation

11:25 | ENHANCING LIFE ON-BOARD THROUGH DIGITALIZATION

Dr. George Dimopoulos, Head of R&D and Advisory, DNV GL

$11:\!45$ | Trends in Ship Finance: Distressed Shipping Loans, Loan Transfers, Alternative and Asian Financiers

Yiannis G. Timagenis, Partner at Timagenis Law Firm (Greece)- LL.B., LL.M, mult. M.C.I.Arb.-Lecturer, Deree - The American College of Greece

12:05 | Q&A SESSION

12:30 | COFFEE BREAK

PANEL 2: TRENDS IN CREW MANAGEMENT

PANEL COORDINATOR

Dr. Ioannis Patiniotis, Chairman of Hellenic Federation of Maritime Economists

12:45 | SOFT SKILLS MAKE HARD GUYS TOUGHER

Dr. Maria Progoulaki, Representative and Senior Consultant, Green - Jakobsen A/S and Teaching Fellow, Alba, Graduate Business School - The American College of Greece

13:05 | SHIP-SHORE COMMUNICATION: ARE YOU IN THE SAME BOAT?

Cpt. Helle Andsbjerg, Maritime Consultant at Green-Jakobsen A/S, Life and Business mentor

13:25 | FUTURE OF SEAFARERS' WELFARE - MORE THAN JUST PULSE AND PAPER! Vivek Menon, Head of Department- Occupational Health and Safety, SEA HEALTH & WELFARE

$13{:}45$ | stable or fluid crewing? The impacts of keeping the same leadership team in place from one voyage to the next

Dr. Kate Pike, Associate Professor | Senior Research Fellow, SOLENT University

14:05 | Q&A SESSION

14:20 | CLOSING SPEECH by Konstantinos Oikonomou, CEO, Marine Tours

14:30 | LUNCH